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# NEW ENGLAND PANS/PANDAS ASSOCIATION CONNECTICUT CHAPTER

## Education Conference

Treatment Protocols From  
Local Prominent PANS/PANDAS Doctors

November 15, 2014 ~ Norwalk, CT

### Conference Details

**The NE PANS/PANDAS Association, CT Chapter Education Conference is only a few days away on Saturday, November 15, 2014 at Norwalk Community College. We look forward to having you join us. There is still time to register, if you have not done so already!**

**Please remember, lunch will not be provided and the schedule is tight so please bring your lunch with you. There will be coffee/tea and a few snacks during check-in and the breaks. Below are the details of the day,**

### ***Admission***

\$45.00 per person.

\$35.00 for Students with ID shown at Registration.

**Register Today**

### ***When***

Saturday, November 15  
10:30 am - 4:00 pm

**schedule, directions, lecture summaries, and nearby restaurants to buy lunch on your way.**

**See You Soon!**

## Lectures

### **Atypical Case Studies of PANDAS treated with Immune Modulating Doses of IVIG**

**Denis A. Bouboulis, M.D.**

In PANDAS/PANS patients, autoimmune irregularity causes encephalitic-like inflammation and thus the onset of neuropsychiatric symptoms following an infection such as Strep, Pneumonia, and Mononucleosis. IVIG (intravenous immune globulin) is a blood product that contains polyvalent, IgG antibodies from the plasma of thousands of healthy donors given intravenously to patients with specific immune deficiencies. Antibiotics and other treatments are often not sufficient to halt the symptoms of PANDAS/PANS. Antibiotics can kill the live infection but some patients need IVIG to "reset" the immune system, allowing it to fight off invading pathogens.

### **Infection Induced Encephalopathy: Cognitive and Sensory Impairments**

**Judith G. Leventhal, PhD.**

This presentation will explore the cognitive, sensory and behavioral symptoms found in children with infection-induced encephalopathy. These symptoms, which signal diffuse brain involvement, interfere with developmental processes, and disrupt learning and academic achievement. The need for appropriate academic accommodations and modifications, and specialized services will be discussed.

### **Transforming a Devastating Chronic**

## **Where**

Norwalk Community College  
Pepsico Theater  
188 Richards Avenue  
Norwalk, CT 06854

## **Food/Lunch**

Please bring your own lunch and beverage.

Lunch will not be available for purchase at Norwalk CC. See below for a list of restaurants open before 10:30.

## **Contact**

For more information regarding this event, please contact:

Gabriella True &  
Katie Zigmond at  
[ctpandaspan@gmail.com](mailto:ctpandaspan@gmail.com)

## **Conference Schedule**

10:30	Check In
11:00	Introduction
11:10	Dr. Trifiletti
12:00	Dr. Leventhal
12:50	Lunch Break
1:20	Dr. O'Hara
2:10	Dr. Bouboulis
3:00	Break
3:15	Speaker Panel
4:00	Close

## **Pick Up Lunch!**

Darien Diner  
171 Post Road

## Illness into a Treatable Disorder

Nancy O'Hara, M.D., MPH

Pediatric Autoimmune Neuropsychiatric Disorders associated with Streptococcal Infections, or PANDAS, is a common autoimmune disorder with far-reaching movement, behavioral, and cognitive consequences. Ongoing clinical experience and emerging research reveals the depth and scope of problems stemming from PANDAS/PANS is much more far-reaching than previously thought. While OCD and tics are still common, other issues like anxiety, bedtime fears, inability to control urination, aggression, and deficits in learning, attention, and social interaction are among the many manifestations that result from PANDAS/PANS and impair the daily functioning and cognitive progress for many children. Not only Strep, but Lyme, Viruses, Mycoplasma and other germs can lead to Autoimmune Encephalitis. Heightened clinical suspicion and more appropriate and comprehensive treatment with antibiotics and immune-modulating therapy will transform PANDAS/PANS from a devastating chronic illness with episodic flares into a treatable disorder.

## PANDAS/PANS and the New Psychiatry

Rosario Trifiletti, M.D., PhD.

PANDAS/PANS is a common post-infectious/inflammatory disorder with predominant neurological and psychiatric manifestations. It is a model disease for what I call "the New Psychiatry", where one moves beyond diagnostic categories to specific disease mechanisms. A comprehensive scientific theory of PANS will be presented and based on this a rational diagnostic evaluation and treatment will be discussed. Using extensive genetic data on these patients, PANS risk genes are discussed and these determine not so much the "form" of the psychiatric presentation as the fluctuation of the psychiatric picture with illness. A great deal of effort will be made to translate our cutting edge knowledge of this condition to practical aspects of management - for both parents and caregivers.

## Q&A Speaker Panel

Darien, CT 06820

Dunkin Donuts  
544 Connecticut Ave  
Norwalk, CT 06854

Jersey Mikes Subs  
360 Connecticut Avenue  
Norwalk, CT 06854

Palmwich  
205 Boston Post Rd  
Darien, CT 06820

Panera Breads  
1063 Boston Post Road  
Darien, CT 06820

Stew Leonard's  
100 Westport Ave  
Norwalk, CT 06851

Subway  
330 Connecticut Ave  
Norwalk, CT 06854

Valencia Luncheria  
164 Main St  
Norwalk, CT 06851

## Quick Links

[Conference Home Page](#)

[New England  
PANS/PANDAS Association](#)

[Sign Up for Newsletter](#)



## Directions to Norwalk CC

*From I-95 (Northbound Or  
Southbound)*

Denis A Bouboulis, M.D.  
 Michael Compain, M.D.  
 Judy Leventhal, PhD.  
 Nancy O'Hara, M.D., MPH  
 Rosario Trifiletti, M.D., PhD.

## Speaker Biographies

### Denis A. Bouboulis, M.D.

is a board certified physician licensed in Connecticut, New York and Pennsylvania to practice medicine. Dr. Bouboulis received his B.A. from NYU and his MD from New York Medical College. His Internship, Residency and Fellowship were at State University of New York Medical Center, Stamford Hospital and Albert Einstein College of Medicine of the Yeshiva University respectively. He is a member of the American College of Physicians, the Connecticut Medical Society, the Fairfield County Medical Association, the American College of Allergy and Immunology, the American Academy of Allergy and Immunology, the American Association of Certified Allergists and the National Register of Who's Who in Professionals and Executives. Dr. Bouboulis has been chosen as "Top Physician of the Year" for the past three years by "Connecticut's Top Physicians", and "Top Physician of the Year, 2007" by "America's Top Physicians." Dr. Bouboulis specializes in the treatment of allergies, asthma and immunology in children and adults. He is also dedicated in providing the finest healthcare for children suffering with PANDAS (pediatric autoimmune neuro-psychiatric disorder associated with streptococcus).



### Michael Compain, M.D.

Dr. Compain, M.D., is a board certified physician and has been on the faculty of NYU Medical Center. He has practiced integrative medicine with Dr. Kenneth Bock in the Hudson Valley for many years and has worked extensively with children having neuroimmune disorder.



### Judith G. Leventhal, PhD.

is a New York State Licensed Psychologist with specialties in Clinical Psychology, Neuropsychology and Family Therapy. Her areas of interest and expertise include tick borne diseases, infection induced encephalopathy including PANDAS/PANS, central nervous system disorders, traumatic brain injury, and learning and language disabilities. She is an authority on the neuropsychological manifestations of tick borne diseases and

-Take Exit 13.  
 -Take a right at the end of the exit ramp onto US Route 1 (Connecticut Avenue).  
 -Take left onto Richards Avenue.  
 -Proceed 1/2 mile north on Richards Avenue to NCC.

### **From Merritt Parkway (Ct-15) Northbound:**

-Take Exit 38.  
 -Take a right at the end of the exit ramp onto 123 South.  
 -Take you first left onto Ponus Avenue.  
 -Bear right at the fork onto Fox Run Road  
 -Proceed through the traffic light and bear right around Fox Run School.  
 -Take a left at the stop sign onto Richards Avenue.  
 -Follow Richards Avenue for one mile.

### **From Merritt Parkway (Ct-15) Southbound:**

-Take Exit 38.  
 -Take a right at the end of the exit ramp onto Route 123 North.  
 -Take your first left onto Nursery Road.  
 -Take you first left onto Ponus Avenue  
 -Bear right at the fork onto Fox Run Road.  
 -Proceed through the traffic light and bear right around Fox Run School.  
 -Take a left at the stop sign onto Richards Avenue.  
 -Follow Richards Avenue for one mile.

## **What is PANS/PANDAS?**

**P.A.N.D.A.S** (*Pediatric*

infection induced encephalopathy, and the impact of cognitive, emotional and behavioral symptoms on academic and interpersonal functioning. Her neuropsychological evaluations form the basis for disability classifications for students. She serves as an advocate for academic accommodations, modifications, and specialized services, and works with schools to advocate for children. Dr. Leventhal has presented at professional conferences, lectured to advocacy groups, serves on the Board of Directors of ILADS, and on the Board of Advisors of the Ridgefield Lyme Disease Task Force. She has held positions in the Department of Neurology of several New York City teaching hospitals, and maintains a private practice in New York City.



**Nancy O'Hara, M.D., MPH**

is a board-certified pediatrician. Prior to her medical career she taught children with autism. Dr. O'Hara graduated from the University of Pennsylvania School of Medicine and earned a Master's degree in Public Health from the University of Pittsburgh. She entered general private practice in 1993, and in 1998 began her consultative, integrative practice solely for children with special needs. Since 1999 she has dedicated her practice to the integrative and holistic care of children with neurodevelopment disorders, ADHD, PANDAS/PANS, OCD and Autistic Spectrum Disorder. She is a leader in the training of clinicians, both in the US and abroad. Her practice is located in Wilton, CT.



**Rosario Trifiletti, M.D., PhD.**

Dr. Trifiletti's tireless pursuit to help parents get answers and children get help have long been recognized by the PANDAS community. Dr. Trifiletti's primary areas of expertise are tic disorders, PANDAS; Autism; Neurometabolic and genetic diseases. On his website, Dr. Trifiletti states, "I enjoy challenging cases that have defied diagnosis." Dr. Trifiletti works in Ramsey, NJ.



*Autoimmune Neuropsychiatric Disorders Associated with Streptococcal Infections*) and **P.A.N.S.** (*Pediatric Acute-onset Neuropsychiatric Syndrome*) are terms used to describe a subset of children and adolescents who experience an encephalitic-like onset of neuropsychiatric symptoms following an infection such as Strep, Pneumonia, and Mononucleosis. In simple terms, antibodies created to fight the infection become misdirected and attack a small area of the brain known as the basal ganglia. This autoimmune reaction results in an acute onset of neuropsychiatric symptoms that can include: separation anxiety, OCD, tics, age regression, sleep difficulties, personality changes, urinary frequency, irritability, rage, sensory sensitivities, deterioration in learning abilities and anorexia.

*Side Subheading*



**Register Now**

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