

# NEW ENGLAND PANS/PANDAS ASSOCIATION CONNECTICUT CHAPTER

## Educational Conference

Treatment Protocols From  
Local Prominent PANS/PANDAS Doctors

November 15, 2014 ~ Norwalk, CT

### Lectures

**Atypical Case Studies of PANDAS  
treated with Immune Modulating  
Doses of IVIG**

Denis A. Bouboulis, M.D.

**Infection Induced Encephalopathy:  
Cognitive and Sensory Impairments**

Judith G. Leventhal, PhD.

**Transforming a Devastating Chronic  
Illness into a Treatable Disorder**

Nancy O'Hara, M.D., MPH

**PANDAS/PANS and the New Psychiatry**

### **Admission**

\$45.00 per person.

\$35.00 for Students &  
Nurses with ID shown at  
Registration.

### **Register Today**

### **When**

Saturday, November 15  
10:30 am - 4:00 pm

### **Where**

Norwalk Community College  
Pepsico Theater  
188 Richards Avenue

Rosario Trifiletti, M.D., PhD.

## Speakers

### Denis A. Bouboulis, M.D.

is a board certified physician licensed in Connecticut, New York and Pennsylvania to practice medicine. Dr. Bouboulis received his B.A. from NYU and his MD from New York Medical College. His Internship, Residency and Fellowship were at State University of New York Medical Center, Stamford Hospital and Albert Einstein College of Medicine of the Yeshiva University respectively. He is a member of the American College of Physicians, the Connecticut Medical Society, the Fairfield County Medical Association, the American College of Allergy and Immunology, the American Academy of Allergy and Immunology, the American Association of Certified Allergists and the National Register of Who's Who in Professionals and Executives. Dr. Bouboulis has been chosen as "Top Physician of the Year" for the past three years by "Connecticut's Top Physicians", and "Top Physician of the Year, 2007" by "America's Top Physicians." Dr. Bouboulis specializes in the treatment of allergies, asthma and immunology in children and adults. He is also dedicated in providing the finest healthcare for children suffering with PANDAS (pediatric autoimmune neuro-psychiatric disorder associated with streptococcus).



### Judith G. Leventhal, PhD.

is a New York State Licensed Psychologist with specialties in Clinical Psychology, Neuropsychology and Family Therapy. Her areas of interest and expertise include tick borne diseases, infection induced encephalopathy including PANDAS/PANS, central nervous system disorders, traumatic brain injury, and learning and language disabilities. She is an authority on the neuropsychological manifestations of tick borne diseases and infection induced encephalopathy, and the impact of cognitive, emotional and behavioral symptoms on academic and interpersonal functioning. Her neuropsychological evaluations form the basis for disability classifications for students. She serves as an advocate for academic accommodations, modifications, and specialized services, and works with schools to advocate for children. Dr. Leventhal has presented at professional conferences, lectured to advocacy groups, serves on the Board of Directors of ILADS, and on the Board of Advisors of the Ridgefield Lyme Disease Task Force. She has held positions in the Department of Neurology of several New York City teaching hospitals, and maintains a private practice in New York City.



Norwalk, CT 06854

## Food/Lunch

Please bring your own lunch and beverage.

Lunch will not be available for purchase at Norwalk CC.

## Contact

For more information regarding this event, please contact:

Gabriella True &  
Katie Zigmond at  
[ctpandasfans@gmail.com](mailto:ctpandasfans@gmail.com)

## Conference Schedule

10:30	Registration
11:00	Introduction
11:15	Dr. Trifiletti
12:00	Dr. Leventhal
12:50	Lunch Break
1:20	Dr. O'Hara
2:10	Dr. Bouboulis
2:55	Break
3:10	Speaker Panel
4:00	Close

## Quick Links

[Conference Home Page](#)

[New England  
PANS/PANDAS Association](#)

[Sign Up for Newsletter](#)

**Nancy O'Hara, M.D., MPH**

is a board-certified pediatrician. Prior to her medical career she taught children with autism. Dr. O'Hara graduated from the University of Pennsylvania School of Medicine and earned a Master's degree in Public Health from the University of Pittsburgh. She entered general private practice in 1993, and in 1998 began her consultative, integrative practice solely for children with special needs. Since 1999 she has dedicated her practice to the integrative and holistic care of children with neurodevelopment disorders, ADHD, PANDAS/PANS, OCD and Autistic Spectrum Disorder. She is a leader in the training of clinicians, both in the US and abroad. Her practice is located in Wilton, CT.

**Rosario Trifiletti, M.D., PhD.**

Dr. Trifiletti's tireless pursuit to help parents get answers and children get help have long been recognized by the PANDAS community. Dr. Trifiletti's primary areas of expertise are tic disorders, PANDAS; Autism; Neurometabolic and genetic diseases. On his website, Dr. Trifiletti states, "I enjoy challenging cases that have defied diagnosis." Dr. Trifiletti works in Ramsey, NJ.

**What is PANS/PANDAS?**

**P.A.N.D.A.S** (*Pediatric Autoimmune Neuropsychiatric Disorders Associated with Streptococcal Infections*) and **P.A.N.S.** (*Pediatric Acute-onset Neuropsychiatric Syndrome*) are terms used to describe a subset of children and adolescents who experience an encephalitic-like onset of neuropsychiatric symptoms following an infection such as Strep, Pneumonia, and Mononucleosis. In simple terms, antibodies created to fight the infection become misdirected and attack a small area of the brain known as the basal ganglia. This autoimmune reaction results in an acute onset of neuropsychiatric symptoms that can include: separation anxiety, OCD, tics, age regression, sleep difficulties, personality changes, urinary frequency, irritability, rage, sensory sensitivities, deterioration in learning abilities and anorexia.

**Register Now****Stay Connected****Directions to Norwalk CC****From I-95 (Northbound Or Southbound)**

- Take Exit 13.
- Take a right at the end of the exit ramp onto US Route 1 (Connecticut Avenue).
- Take left onto Richards Avenue.
- Proceed 1/2 mile north on Richards Avenue to NCC.

**From Merritt Parkway (Ct-15) Northbound:**

- Take Exit 38.
- Take a right at the end of the exit ramp onto 123 South.
- Take you first left onto Ponus Avenue.
- Bear right at the fork onto Fox Run Road
- Proceed through the traffic light and bear right around Fox Run School.
- Take a left at the stop sign onto Richards Avenue.
- Follow Richards Avenue for one mile.

**From Merritt Parkway (Ct-15) Southbound:**

- Take Exit 38.
- Take a right at the end of the exit ramp onto Route 123 North.
- Take your first left onto Nursery Road.
- Take you first left onto Ponus Avenue
- Bear right at the fork onto Fox Run Road.
- Proceed through the traffic

light and bear right around  
Fox Run School.  
-Take a left at the stop sign  
onto Richards Avenue.  
-Follow Richards Avenue for  
one mile.



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