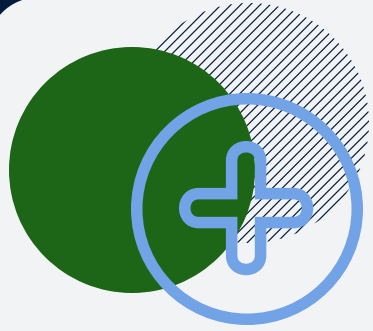


# PANS/PANDAS Know the Signs. Know the Treatments.



## PANS/PANDAS IS A CLINICAL DIAGNOSIS

**PANS is a clinical condition defined by acute onset of OCD and/or severe eating restrictions and at least two concurrent cognitive, behavioral, or neurological symptoms. PANDAS is a subset of PANS.**

- PANS is a CLINICAL diagnosis.
- There is NOT just one blood test.
- You DO NOT have to have strep to have PANS.
- You DO NOT have to have an infection.
- You DO NOT have to have tics.
- You DO NOT have to have every symptom.
- There is NO age requirement.
- Severity differs from child to child.
- Severity differs from flare to flare.

**If a Child has Sudden, Acute Onset of OCD and/or Food Restriction & Multiple Neuropsychiatric Symptoms, Consider PANS/PANDAS.**

NEW ENGLAND  
PANS/PANDAS  
ASSOCIATION