PANS/PANDAS
Know the Signs. Know the Treatments.

If a Child has Sudden, Acute Onset of OCD and/or Food Restriction & Multiple Neuropsychiatric Symptoms, Consider PANS/PANDAS.

Infectious Triggers
Strep, EBV, Mycoplasma, Lyme, Staph, Influenza, Coxsackie, & more

Symptoms
• OCD
• Severe Food Restriction
• Anxiety, Separation Anxiety
• Emotional Lability, Depression
• Irritability, Aggression, Severe Oppositional Behaviors
• Developmental Regression
• Deterioration in School Work, Dysgraphia, Loss of Math Skills
• Motor or Sensory Abnormalities, Tics, Hallucinations, Hyperactivity
• Sleep Problems, Enuresis, Urinary Frequency

NEW ENGLAND PANS/PANDAS ASSOCIATION